

Self-Isolation Requirements

As before, anyone showing COVID-19 symptoms or who have tested positive must self-isolate for 10 days. It is key that students and staff showing symptoms of COVID-19 do not come to school as this has a high risk of transmitting the virus to others. Anyone showing symptoms will be asked to return home and should request a PCR test from the NHS Testing service.

Individuals are not required to self-isolate if they live in the same household as someone with COVID-19, or are a close contact of someone with COVID-19, and any of the following apply:

- they are fully vaccinated;
- they are below the age of 18 years 6 months;
- they have taken part in, or are currently part of, an approved COVID-19 vaccine trial;
- they are not able to get vaccinated for medical reasons.

Instead, they will be contacted by NHS Test and Trace, informed they have been in close contact with a positive case and advised to take a PCR test. We would encourage all individuals to take a PCR test if advised to do so.

Face Coverings

After August 16, face coverings are no longer required in school. However, as there is still a present risk in the community for the virus to spread, Isebrook School remains a "mask friendly" environment for those who wish to wear a face covering.

Local Area Advice

As the numbers of active cases in the area continues to change day-by-day, so will the advice given to schools on how to manage the risk of the virus spreading. For this reason, please be aware that we may need to increase the restrictions in school as and when asked to do so. This could mean that age groups return to bubbles or face coverings requirements are put back in place should cases raise above certain thresholds.

Lateral Flow Testing

Testing for coronavirus remains one of the most efficient ways of highlighting active cases in the community and helps tackle the spread of coronavirus. For this reason, we ask that everyone who comes into school, and consents, completes 3 lateral flow tests over the course of one week. This is not compulsory; however, we strongly recommend that tests are used to ensure all returning to school are as safe as possible. **The three testing days will be Wednesday 1 September, Sunday 5 September and Wednesday 8 September.**

Testing kits are available from the following sources:

- Online – Please order testing kits via the following link. They are usually delivered within 48 hours and can be posted through a letterbox.
www.gov.uk/order-coronavirus-rapid-lateral-flow-tests
- Health Centres and Pharmacies – All NHS Pharmacies and Health Centres have tests which are free to collect. Please contact the location before you arrive to make sure they have enough in stock.

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- From Isebrook School – We hold a stock of LFD testing kits for all students and staff. If you wish to collect a testing kit from the school, the school will be open from **Tuesday 31 August** 8am-12pm and **Wednesday 1 September** from 1pm-4pm to collect.

If you are struggling to receive testing kits in anyway, please contact the school office and we will work to ensure everyone has access to them. More information will be posted on ClassDojo about further details.

We hope this information goes further to explain the current restrictions and requirements surrounding COVID-19 at Isebrook School. As previously, there will be a live parent discussion panel held next week to answer any further questions you may have. This will be held on **Tuesday 31 August at 1pm**, a zoom link will be shared on ClassDojo.

Kind regards,

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Isebrook School

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